



Talking Health

Friday 5 August 2016



News Update

SHARE YOUR VIEWS IN AUGUST ON THE FUTURE OF HEALTHCARE



Join us in Henley, Thame and Didcot in August to find out why local health services will need to change to continue to deliver high quality care in Oxfordshire.

We've just finished a series of successful roadshows explaining the need to make changes to GP and hospital services at which we asked you for ideas on how these services might look now and in the future - thank you to everyone who took the time to attend one and share their ideas with us. For an update [click here](#)

If you missed the roadshows you can visit three locations this month to view our case for changing the way we deliver services in Oxfordshire. These are being held at:

- Henley on Thames Town Hall - Monday 8 to Friday 12 August (9am-5pm each day except Friday 9am to 4pm)
- Thame Information Centre - Monday 15 to Friday 19 August (9am to 5pm each day except Friday 9am to 4.30pm)
- Didcot Civic Hall - Monday 22 to Friday 26 August (9am to 5pm each day except Friday 9am to 4pm)

At each event you'll have the opportunity to feedback your views via surveys and take away a 'Case for Change' brochure which will provide more details on why services should develop to deliver high quality care, which are closer to people's homes and can overcome a £200m funding gap by 2020/21.

For more information about the Oxfordshire health and care transformation programme [click here](#) If you can't attend an event above you can submit your views via an

online survey - see below on how to do this via the Talking Health website - your views will make a difference!

SHARE YOUR IDEAS ON HEALTH SERVICES VIA TALKING HEALTH



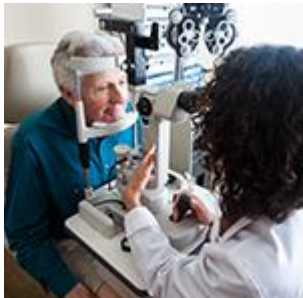
If you are unable to visit a location in August (see story above) you can still share your thoughts with us on how NHS services in Oxfordshire can deliver high quality care now and in the future via Talking Health - OCCG's consultation website.

To fill in an online survey on Talking Health [click here](#)

Alternatively, if you require hard copies of the survey please email your contact details including your address to: cscsu.talkinghealth@nhs.net or write to the Communications and Engagement Team, Oxfordshire CCG, Freepost RRRKBZBTASXU, Jubilee House, 5510 John Smith Drive, Oxford OX4 2LH.

Pictured is a member of the public taking part in Bicester's 'Big Conversation' roadshow on 28 July. To view more photographs from all the roadshows [click here](#)

VISIT OUR NEW HEALTHCARE TRANSFORMATION WEBSITE



Please check out a new website which carries the latest information and updates about Oxfordshire's healthcare transformation programme.

The website includes opportunities to get involved and have your say in shaping the way high quality services are delivered in Oxfordshire in the years to come. It includes information on the partners involved in the programme and a summary of the six 'Big Conversation' roadshows we held in July and August which were well attended.

To view the website [click here](#)

'OPEN UP' AND HELP REDUCE MEDICINES WASTE IN OXFORDSHIRE

Do you take all the medicines you are prescribed?



OCCG is supporting the 'Open Up' campaign to help drive down medicines waste and to ensure people use medicines safely.

The campaign encourages patients to talk to their healthcare professional if they have medicines that are prescribed to them that are not used, or patients have stopped taking a medication as it does not suit them.

For more information on the campaign which runs until December 2016 [click here](#)

Reminders

DOWNLOAD THE 'SAVE A LIFE' APP FROM THE AMBULANCE SERVICE



Save a Life is an amazing free Android and Apple app from South Central Ambulance Service that uses GPS functionality to show where your nearest defibrillator is.

It also features videos, cardiopulmonary resuscitation instructions and a section that will answer many of your cardiac arrest and heart attack questions. Go to www.scas.nhs.uk/savealife and find your nearest defibrillator before it's too late.

HAVE YOUR SAY ON THAMES VALLEY 111 'THE NEW FRONT DOOR TO URGENT CARE'



We want you to get involved and have your say on how the improved Thames Valley 111 service will look as the re-procurement of the service gets underway.

Two stakeholder events will take place on Tuesday 9 August at Kassam Stadium, Oxford and Tuesday 13 September at Wokefield Park, Reading, with the preferred provider where they will present and work through their vision of how the service will look and operate, taking feedback and input from attendees.

For further information and to register your interest in attending a stakeholder event, visit the Thames Valley 111 consultation page on OCCG's Talking Health consultation website [click here](#).

HAVE YOU DOWNLOADED THE NEW SMART PHONE APP YET?



OCCG has launched a new phone app to help you find local health services quickly.

'Health and Care Oxfordshire' provides advice on when it might be best to visit a pharmacist or a GP and when to call NHS 111, and when self-management at home might be more appropriate. It highlights the type of injuries or illnesses most appropriate to be seen at minor injuries units or first aid units in Oxfordshire.

The app can be downloaded from the usual app stores or [click here](#).

RALLY ROUND TO SUPPORT CARERS IN OXFORDSHIRE



A new online service is bringing together Oxfordshire carers to help their loved ones stay safe and well at home.

Rally Round is a free digital network which enables family members, friends and carers to create and organise support for themselves and the person they care for.

Rally Round, which is backed by OCCG and Carers Oxfordshire, was designed to help frail older people and their family carers, but can be used to help anyone who needs more practical support. For more information [click here](#)

BECOME A 'MYSTERY SHOPPER' AND HELP IMPROVE PATIENT CARE

OCCG is still recruiting 'mystery shoppers' to gather people's comments about their experience of hospital services. Since the project launched in April this year over 100 people have taken part in the project to help improve patient care.

The project, which is working with the [Patients Association](#), asks for feedback straight after people have had contact with health services, so it's easier to remember details and OCCG can take action to improve things more quickly. For more information and to find out how to get involved [click here](#)

Partnership Information

'CARING MATTERS' CONFERENCE: 25 NOVEMBER, OXFORD



The National Rights Day 'Caring Matters' Conference 2016 is being held on Friday 25 November at the Kassam Stadium, Oxford (9.30am/4.30pm). It is aimed at both carers and professionals and includes guest speakers, seminars and over 20 information stands.

For more information and to reserve your place [click here](#)

GP PATIENT SURVEY RESULTS AVAILABLE TO VIEW ONLINE



The GP Patient Survey 2016 compiled responses from more than 800,000 people across the country on their experience of healthcare services provided by GP surgeries, including access to practices, making appointments, the quality of care received from GPs and practice nurses, satisfaction with opening hours and out-of-hours NHS services.

To find out how your GP practice scored [click here](#)

CARERS ENCOURAGED TO 'TAKE TIME OUT'



'Take Time Out' is a voluntary support service for carers provided by Carers Oxfordshire's partner organisation, Guideposts, offering short respite breaks through a range of options in the home and out in the community.

For more information please see an information leaflet [click here](#) or email breynolds@guideposts.org.uk or telephone Ben Reynolds on 01993 899980.

PLACES STILL AVAILABLE AT HEALTH AND CARE INNOVATION EXPO

You still have time to book a place on the Expo which is being held at Manchester Central on Wednesday 7 and Thursday 8 September. Expo will explore the most important aspects of health and care work across England, with a packed agenda across two main speaker stages, over 100 pop up university workshops, and four feature zones. To reserve your place [click here](#)

GRANTS FOR GROUPS THAT HAVE IMPROVED HEALTHCARE

Has your community group done some amazing patient, service user or carer engagement work that's improved healthcare services? NHS England will be awarding grants of up to £1,000 to a number of projects that showcase good practice around patient and citizen participation in healthcare. For more information and to apply for a grant [click here](#)

TAKE PART IN A 'PATIENT VOICE SOUTH' WEBINAR ON PRIMARY CARE

'Patient Voice South' offers support and networking opportunities for anyone promoting patient and public participation in the design and delivery of healthcare. It will be holding a web seminar on **Wednesday 14 September (2pm to 3pm)** on 'The Patient Voice in Primary Care: involving patients to make a difference.' To register to take part [click here](#).

To subscribe to the 'Patient Voice South' regular e-bulletin you need to become a member of the network - to join [click here](#)

SHARE YOUR IDEAS ON NEW DIGITAL HEALTHCARE TOOLS

Oxford's digital healthcare hub 'The Hill' is holding a workshop on 'Building digital health applications' on Wednesday 10 August (5.30pm to 8pm) at the Tingewick Foyer, John Radcliffe Hospital in Oxford. It's an opportunity to share your ideas on using digital technology to help improve healthcare. For more information and to register to attend [click here](#)

COMMUNITY HEALTH AND WELLBEING EVENT IN WANTAGE

You are welcome to take part in this event being held at Wantage Health Centre, Mably Way, OX12 9BN on Saturday 17

September (10.30am to 2.30pm). It is being organised by the patient participation groups (PPGs) of Newbury Street and Church Street GP practices and more details on the event will be made available via a joint newsletter to be issued by the PPGs.

Locality News

LOCALITY PPG FORUM 'PUBLIC' MEETINGS IN OXFORDSHIRE



- You are invited to the North East Locality's PPG Forum 'health fayre' in Bicester on Friday 14 October 2016 at the John Paul II Centre, Henley House, The Causeway, OX26 6AW. The event will promote health and well being initiatives. Further details including the time of the event will be made available nearer the day.

Please contact Richard McCrann at South, Central and West Commissioning Support Unit Communications Team if you have any questions about this e-bulletin: richard.mccrann@nhs.net